

Greetings from the SD Diabetes Prevention & Control Program (DPCP) and welcome to the April 3rd edition of the "DPCP FYI". Each FYI is received by over 400 diabetes care professionals in and around South Dakota. If you have trouble with the links or attachments, the e-bulletin is also posted on the DPCP website at <http://diabetes.sd.gov>. If you have suggestions for improvement to the FYI or if I can otherwise be of assistance, please let me know.

Colette

This issue's topics~

- **South Dakota Releases First Diabetes Control Plan**
- ***Managing Type 2 Diabetes Using the Nutrition Care Process***
- **Obesity in South Dakota: A Clinical Toolkit for Healthcare Providers**
- **Live Teleconference: AMA Expert Task Force on Childhood Obesity, June 6th**
- **Connie Tice Recognized for 20 Years of Dedication**
- **Wellmark Foundation Mini-grant Applications are Due by April 17, 2007**
- **Save the Date-Mount Rushmore Chapter of Diabetes Educators Fall Conference 10/18 & 10/19, 2007**

### **South Dakota Releases First Diabetes Control Plan**

A coalition of organizations has released South Dakota's first-ever diabetes plan to reduce the impact of the disease, a leading cause of death in the state.

"More than 50,000 South Dakotans have diabetes, a disease with significant physical, emotional and financial costs," said Colleen Winter, Health Promotion Administrator for the Department of Health. "This plan gives all of us a blueprint for controlling diabetes and the health complications associated with it."

The plan was developed by more than 60 individuals representing health care, advocacy groups, government agencies, tribal health, and quality improvement programs along with people who have diabetes and concerned family members. It details a wide range of activities for the next three years to reduce the impact of diabetes in South Dakota and improve the lives of those with the disease.

Diabetes was South Dakota's eighth leading cause of death in 2005. Diabetes increases the risk of disabling and life-threatening complications such as heart disease, stroke, kidney failure, blindness, nerve damage, and vascular disease. Early detection and good management of diabetes can significantly reduce such complications.

Winter said participating partners are now implementing the state plan with the help of more than \$100,000 in grant funds from the Wellmark Foundation. Initially, much of the work will be behind the scenes efforts to improve systems for delivering diabetes education and care in South Dakota.

"The ultimate goal of the diabetes plan is to put in place a more effective system of early diagnosis, access to quality care, health promotion, and education so South Dakotans with this disease can live longer, healthier lives," said Winter.

Copies of *South Dakota Diabetes State Plan 2007-2009* are available from the Department of Health Diabetes Prevention and Control Program at 1-800-738-2301 or on the web at <http://diabetes.sd.gov>. Additional organizations interested in the diabetes plan are welcome and can contact the department for details.

### ***Managing Type 2 Diabetes Using the Nutrition Care Process***

The Commission on Dietetic Registration has introduced this new online module to assess the knowledge and skills of registered dietitians and dietetic technicians, registered and to familiarize practitioners with the Nutrition Care Process. Approved for five CPE units, the cost is \$45.99 for ADA members, RDs and DTRs. For more information, visit [cdnet.educationdirector.com](http://cdnet.educationdirector.com). Click on "New User" on the left side of the screen and enter the requested information. There is no charge to view the course catalog and no obligation to purchase a course.

## **Obesity in South Dakota: A Clinical Toolkit for Healthcare Providers**

The South Dakota Department of Health in collaboration with other partners developed an obesity toolkit to make it easier for South Dakota primary care providers to address the obesity epidemic with their patients. The toolkit is available online at <http://www.healthysd.gov/HealthProfs.html>. To request a hard copy of the toolkit, send your contact information to [doh.info@state.sd.us](mailto:doh.info@state.sd.us).

## **Live Teleconference: AMA Expert Task Force on Childhood Obesity, June 6th**

The American Medical Association convened an expert task force of over 12 national organizations to address the issues related to prevention, assessment and treatment of childhood obesity. This teleconference will review the evidence basis and present the task force recommendations. The South Dakota Department of Health will downlink this live teleconference to ten sites across South Dakota. For more information and free registration, visit the Health Professionals tab on [www.healthysd.gov](http://www.healthysd.gov).

## **Connie Tice Recognized for 20 Years of Dedication**

The Black Hills Diabetes Association is celebrating 20 years of service. On March 25th, at the Association's 4th Annual Diabetes Expo, proclamations from Governor Mike Rounds and Rapid City Mayor Jim Shaw declared the day as "Connie Tice Day" to honor her 20 years of dedication and hard work. Connie is the Executive Director of the Black Hills Diabetes Association. Congratulations Connie on a well-deserved honor!

## **Wellmark Foundation Mini-grant Applications are Due by April 17, 2007**

The Wellmark Foundation Mini-Grant Program provides small grants for projects that support one or more of its four funding priority areas. The mini-grant process is designed to allow you to:

- Complete necessary groundwork and steps to support either time or resource-limited pilot work;
- Serve as a catalyst for a larger effort that could build from small funding amounts; or
- Build community ability to plan and implement programs to address pressing health issues.

The duration of your project can be up to one year, but can be shorter if you propose it within the scope of your project and application. Mini-grant awards are capped at a \$10,000 maximum.

Further information about the Wellmark Foundation Mini-grant program is available at <http://www.wellmark.com/foundation/news/minigrantrfp.htm>

## **Save the Date-Mount Rushmore Chapter of Diabetes Educators Fall Conference**

The Mount Rushmore Chapter of Diabetes Educators will have their annual Fall Conference on October 18th and 19th at the Downtown Holiday Inn and City Center in Sioux Falls. Further information will be available at a later date.

Colette Beshara RN, BSN  
Diabetes Prevention & Control Program  
SD Department of Health  
615 E Fourth Street  
Pierre, SD 57501  
(605) 773-7046  
(605) 773-5509-fax  
[colette.beshara@state.sd.us](mailto:colette.beshara@state.sd.us)  
<http://diabetes.sd.gov>